Spring Camp Outline - Sheet1

Thursday May 7	Helmets/Shoulder Pads	#1	Saturday May 9th	Full	#4	
530	Registration		930	Unit Meeting		
630	Team Meeting		945	To Field/Takeoff		
640	Unit Meetings		955	Unit Agility		
700	To Field		1005	Run/Stetch		
705	Take off		1020	Indy		
715	Unit Agility		1035	Situation (RED ZONE)		
720	Stretch		1045	1on1	1/2 Field Concept	
730	Indy		1055	Team Pass	2&6	
750	Group (Air)					
800	Inside/ Skelly	1st&10				
820	S.T. Competiion					
830	Wrap					
Friday May 8th	Helmets/Shoulder Pads	#2	Saturday May 9th	Helmets/Shoulder Pads	#5	
5:00-6:00	Registration	Out of towners	1130	Unit Meetings		
6:00-6:25	Unit Meetings		1150	To Field/Take off		
6:25-6:40	To Field/ Takeoff		1205	Unit Agility		
6:40-6:45	Unit Agilily	(SPEC)	1210	Run/Stretch		
6:45-6:55	Run/Stretch		1220	Special Teams		
6:55-7:15	Indy		1235	Indy		
7:15-7:25	Group	vs Air	1245	Inside/ Skelly		
7:25-7:35	Inside/Skelly		100	Blitz Period (12vs12)		
7:35-	BREAK	15min	115	Wrap		
Friday May 8th	Helmets/Shoulder Pads	#3	Saturday May 9th	FULL	Scrimmage	
750	Take Off		500	PreGame		
800	Run/Stretch		540	To Field		
810	Indy		550	Unit Agility		
825	1on1		555	Run/Stretch		
840	Team		605	Scrimmage	Blue/White Game	
850	Special Teams	1 &10				
905	Situation (CO)	Challenge				
915	Stretch					